

Carl Del Bono



Hi, my name is Carl Del Bono, and I am a Licensed Marriage and Family Therapist (Lic. #150597) and an Associate Professional Clinical Counselor (Lic. #11746). I earned a Bachelor of Arts in Psychology and a Master of Science in Counseling Psychology with a concentration in Professional Clinical Counseling from California Baptist University. I completed my internship here at All Desert Mental Health (a.k.a. All-Desert Wellness Centers). I continue to serve the community in Western Riverside County working with individuals and couples who struggle with depression, anxiety, self-esteem issues, anger management, alcohol and drug addiction, trauma, sex addiction, suicidality, LGBTQ+, and veterans. I am also a certified Domestic Violence Counselor.

I strive to create a safe and welcoming environment for my clients to feel appreciated, defended and heard. I will walk beside you through this journey, encourage you through the difficult times, and cheer with you during the triumphant times.

I understand that coming to therapy can be extremely difficult and is a huge first step, and I am so proud of you for making that decision! I am here to help you find out where you want to be and to be by your side as you take the necessary steps to get there.

